

*Welcome to the Rainbow Ranch Outpost Retreat*  
*Allow your body and mind to rest, reflect, rejuvenate and release your inner beauty.*



## **RITUALS OF TOUCH**

### **Full Body Massage**

A Traditional massage tailored to each individual's needs. An excellent way to release tension and restore inner harmony.

60 or 90 minutes \$120/180

### **Aromatherapy**

An exquisite full-body massage, invoking the powerful healing properties of essential oils. Natural plant oils have different healing properties: to calm, energize, cleanse, or rejuvenate. They're selected based on the individual's needs.

60 or 90 minutes \$140/210

### **Thai Massage**

An ancient massage, also known as a yoga massage, using stretching techniques and pressure on energy points to improve circulation, expand range of motion, and provide deep relaxation (Please wear loose-fitting clothing).

60 or 90 minutes \$140/210

### **Gallatin River Rock Massage**

A full-body massage incorporating hot stone therapy with personally selected aromatherapy oil. It is a deeply soothing and relaxing form of massage.

60 or 90 minutes \$140/210

### **Reflexology**

An ancient healing art based on the principles that there are reflexes in the hands and feet that correspond to every organ and gland in the body. Gentle acupressure and massage are applied to the ears, hands and feet. This massage improves circulation, reduces tension, detoxifies, and improves the body's ability to heal itself.

60 minutes \$120

### **Head Massage**

A deeply relaxing scalp massage targeted towards improving circulation and calming the mind.

30 minutes \$ 60

## **BODY RITUALS**

### **Body Exfoliation**

A truly luxurious and indulgent experience. This full body treatment includes a gentle moisturizing rub using Montana wild honey and raw sugar to exfoliate dead skin cells. The combination of these rich natural ingredients helps to remove toxins, increase circulation and create a natural radiance. The skin will feel soft and smooth. This delightful experience is followed by massage.

60 or 90 minutes \$140/210

### Wrap

This exclusive body wrap is designed to re-hydrate the body. The treatment begins with a lymphatic skin brushing, followed by an application of a mask consisting of lemons and wild Montana honey. The body is then wrapped in a warm blanket to facilitate the penetration of the masks' ingredients. Indulge in all this while receiving a traditional head massage targeting facial pressure points using cool stones.

60 or 90 minutes \$140/210

### Face Ritual

A traditional wild honey and cucumber facial. This facial, intended to relieve stress using aromatherapy oils includes: a scalp, facial and neck massage, followed by Montana wild honey, lime and cucumber mask free of chemicals. This sensual facial leaves your skin soft and plump. No extractions are performed.

60 minutes \$120

### Foot Ritual

Experience the most heavenly foot soak using essential oils. A gentle exfoliation and massage follow. An extremely relaxing and invigorating treatment.

60 minutes \$120

### Hand Ritual

Simply beautiful... a pure pampering treatment. The hands are soaked in limewater, followed by a gentle exfoliation and massage incorporating hot rocks. Your hands will feel smoother instantly.

60 or 90 minutes \$120/180

## FITNESS RITUAL

### Yoga or stretching session

Tailored to individual needs.

60 minutes \$100

## SPECIALTY TREATMENTS

### The Ultimate Experience

Reserve the Outpost Retreat room for two hours or more and our therapist will help you tailor a session that meets your desires.

The -RR Outpost Retreat room is designed so you can share the experience with a friend or loved one.

## Maximize your Outpost Retreat Experience

### Making your appointment

We recommend scheduling your spa appointments a minimum of three weeks prior to your arrival for the widest selection of treatments, services and appointment times. Outpost Retreat services are guaranteed with a credit card or room confirmation number.

### Arriving for your appointment

We invite you to arrive at least 15 minutes prior to your first scheduled spa appointment to prepare for your treatment. As a courtesy to the next guest, your treatment will end on time regardless of when you begin. A four-hour cancellation notice is required to avoid being charged. No-show appointments will be charged in full.